



# National Electric Power Regulatory Authority Islamic Republic of Pakistan

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## PRESS RELEASE

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Subject: **NEPRA ORGANIZES BREAST CANCER AWARENESS SESSION**

NEPRA Authority while conscious of the health of its female employees has organized a Breast Cancer Awareness Session at NEPRA's Auditorium on 26<sup>th</sup> October, 2020 with an aim to create awareness and educate about the risks of breast cancer, its early detection and possible treatments.

02. The session was conducted by Dr. Shaista Zafar, a renowned Oncologist. The participants included all female employees and Interns of NEPRA, whereas wife of the Chairman NEPRA, Mrs. Erum Tauseef was the Chief Guest.

03. Dr. Shaista Zafar, the guest speaker began the session by giving overview of breast cancer followed by the screening methods such as self-examination, clinical breast examination and mammogram, and diagnostic procedures of breast cancer. She also explained in detail the risks of Breast Cancer and that how can an earlier detection of the same decreases the ill effects of the disease and allow people to live a healthy life. She also answered a number of questions raised by the participants.

04. The Chief Guest, Mrs. Erum Tauseef speaking on the occasion said that such an enlightening session will definitely increase awareness about this dread disease and the female employees as well as their families will benefit from it in great ways. She also lauded the efforts of NEPRA for raising awareness amongst its employees.

05. At the end, the Chairman NEPRA presented a souvenir to Dr. Shaista Zafar. The employees and Interns also appreciated the role of NEPRA Authority and thanked them for taking care of their health.



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